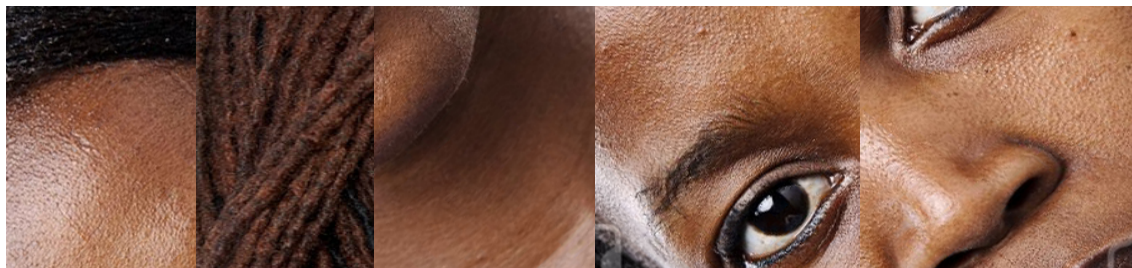


BLACK WOMEN'S ON-GOING GROUP

"I always wear black"



with Janice Campbell

In this therapeutic group we have the opportunity to explore our life stories, to honour and celebrate the rich tapestry of who we have become and to form the way we want to shape and express ourselves as Black women in the world.

This is a space about us and for us. In these gatherings we use structured exercises, making time to share and reflect on many aspects of ourselves - our hair, our complexion, our body image, our histories, our families, our food, our love relationships and sex, our music and dance and whatever else we choose.

In voicing our experiences in this confidential space we can connect with and grow personal love for ourselves and for the folks in our lives.

We meet on Sundays for three afternoons and one full day each term. An initial commitment of one full term is required. The group is limited to six women.

Born in Jamaica, I came to the UK at the age of seven. I am an experienced BACP Registered psychotherapist and a graduate of Spectrum Centre for Humanistic Psychotherapy. I run a private practice from Golders Green in North London.

Summer 2017

All day 14th May 10-4pm / Afternoons 3.30-6pm

11th June, 9th July, 6th August

£240

Venue: Golders Hill Health Centre, 151 North End Rd, London NW11 7HT

To book or for further information call me on: 07910 355987

or email: janicecampbell_uk@yahoo.co.uk

www.janicecampbell.org.uk